


**All seminars will be held
Tuesdays 4:00-5:30pm Pacific Standard Time**

- Mar 27** Dementia
Stephen Thielke, MD, MSPH
Associate Professor, Medicine / Psychiatry and Behavioral Sciences
- Apr 3** Differential Diagnosis of Dementia, Delirium, and Depression
Emily Trittschuh, PhD
Associate Professor, Medicine / Psychiatry and Behavioral Sciences
- Apr 10** Abuse, Neglect and Exploitation of Older Adults: A Primer for Primary Care Healthcare
Lena Makaroun, MD
Health Services Research Fellow, VA Puget Sound Health Care System
- Apr 17** Healthy Brain Aging and Dementia Prevention
Emily Trittschuh, PhD
Associate Professor, Medicine / Psychiatry and Behavioral Sciences
- Apr 24** Behavioral Management of Community Dwelling Alzheimer's Patients
Piruz Huda, MN, ARNP
Psychiatric Nurse Practitioner, Huda NP, PLLC
- May 1** Dementia and Multiple Comorbid Conditions
Tatiana Sadak, PhD, PMHNP, ARNP
Associate Professor, Nursing / Psychosocial and Community Health
- May 8** Building on Family Dynamics in Coping with Alzheimer's Dementia
Martha (Marty) Richards, MSW
Affiliate Assistant Professor (retired), School of Social Work
- May 15** Transitions of Care
Thuan Ong, MD, MPH, Assistant Professor, Medicine / Division Gerontology and Geriatric Medicine, Allison Boll, MSW, Seattle Human Services Department/Aging and Disability Services, and Melissa Ensey, MEd, Aging and Disabilities of SW Washington
- May 22** Living Will End-of-Life Care: From Advance Directives to POLST to MOELI
Richard Stuart, PhD
Clinical Professor Emeritus, Medicine / Psychiatry and Behavioral Sciences
- May 29** Ethical Dilemmas in the Care of Older People with Cognitive Impairment
Elizabeth Vig, MD, MPH
Associate Professor, Medicine/Division Gerontology and Geriatric Medicine




**NORTHWEST GERIATRICS
WORKFORCE ENHANCEMENT CENTER**

**2018 Spring Geriatric Healthcare Series
Alzheimer's Disease and Related Dementias**

March 27 – May 29, 2018
Online via
University of Washington
Interactive Virtual Classroom

W CONTINUING NURSING EDUCATION
UNIVERSITY of WASHINGTON
School of Nursing

W SCHOOL OF NURSING
UNIVERSITY of WASHINGTON
de Tornay Center for Healthy Aging



GRECC

This series will be online weekly on Tuesdays from **4:00-5:30pm Pacific Standard Time** via the University of Washington Interactive Virtual Classroom to Western Washington regional hospitals and sites in Montana, Alaska and Wyoming.

About the Series:

The University of Washington Northwest Geriatrics Workforce Enhancement Center (NW GWEC), the School of Nursing and the Seattle Veterans Health Administration Geriatric Research Education and Clinical Center (GRECC) are partnering to bring a series of continuing education programs on geriatric health to health professionals in Washington, Montana, Wyoming and Alaska.

Nationally and regionally recognized NW GWEC faculty will present each topic and facilitate discussion. The series will assist providers in developing and enhancing health promotion interventions to prevent disease and postpone further disability for the older adults they serve. This series will give community-based providers working in the field of aging the opportunity to access valuable information without having to travel a great distance.

Objectives for Learning Outcomes

After completing this course, you will be better able to:

- Define the key findings in dementia
- Characterize dementia, delirium, and depression
- Describe the prevalence and adverse health outcomes associated with experiencing elder abuse
- Identify two aspects of cognition that remain strong in older age, as well as two that tend to weaken
- Discuss the role of the geriatric practitioner in emphasizing the importance of evidence based and effective behavior management education to caregivers in the community/clinic setting
- Identify dementia comorbidities that are associated with potentially preventable hospitalizations
- State five family dynamics that affect family coping in dealing with dementia
- Identify and describe barriers and components of effective transitions of care between multiple care settings
- Identify skills needed for nurses to think critically of End-of-Life care and help patients make informed choices
- Describe at least three ethical dilemmas that may arise in the care of individuals at different stages of dementia

Professional Credit (optional)

Successful completion requires sign-in and completion of evaluation form for sessions attended. The UW School of Nursing requires a \$45 processing fee for a contact hour certificate. The fee covers the entire series. Directions for registering on-line for credit will be provided by your site coordinator.

Nurses: 15 contact hours (1.5 per session)

*Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

*UWCNE is approved as a clock hour provider by the Washington State Board of Education.

*Provider approved by the California Board of Registered Nursing, Provider #7128, for 15 contact hours (1.5 per session).

Physicians: This live series activity, Geriatric Healthcare for Healthcare Providers, from March 27 – May 29, 2018, has been reviewed and is acceptable for up to 15 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240

Social Workers and Counselors: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-809-601

All Other Disciplines: A UWCNE certificate for up to 15 clock hours (1.5 per session) will be awarded for documenting completion of this offering.

Target Audience

The series is designed for healthcare providers including physicians, nurses, physician assistants, advanced practice nurses, physical and occupational therapists, psychologists, social workers, pharmacists, and other interested professionals.

Location

All programs will originate from the University of Washington (Health Sciences Building, Room #T-661) and will be broadcast over the University of Washington Telehealth Network.

Planning Committee Members

Joan Riesland, MEd, BSN, RN
Interim Executive Director, Continuing Nursing Education
University of Washington School of Nursing

Barbara Cochrane, PhD, RN, FAAN
Professor, Family and Child Nursing
de Tornyay Endowed Professor for Healthy Aging and
Director of the de Tornyay Center for Healthy Aging
University of Washington School of Nursing

Michael Vitiello, PhD
Professor, Psychiatry and Behavioral Sciences
University of Washington School of Medicine

Websites

NW Geriatrics Workforce Enhancement Center Website:

www.nwqwec.org

Past year lectures can be viewed for free (registration required) on the Geriatric Healthcare Series page under Our Activities.

UW Continuing Nursing Education Website:

www.uwcne.org/geriatric-health

Last year's lectures are available online for contact hour credit.

Earn up to 15.0 contact hours per series (\$45 recording fee).

2017 Selected Topics Online Series: www.uwcne.org/geriatric-health/2017SEL

2017 ADRD (Dementia) Online Series: www.uwcne.org/geriatric-health/2017ADRD

The 2015 and 2016 series (Selected Topics and ADRD) are also available for credit on this website.

For more information contact Heather Wicklein Sanchez e-mail: wicklein@uw.edu, or phone at 206-616-4276.