


**All seminars will be held
Tuesdays 4:00-5:30pm Pacific Standard Time**

- Jan 2** State of the Science: New Guidelines for Opioid Prescribing and What They Mean for Elders with Chronic Pain (Rx)
Manu Thakral, PhD, ARNP
Postdoctoral Research Fellow, Kaiser Permanente Washington Health Research Institute
- Jan 9** An Evidence-Based Review of Marijuana: A Clinician's Guide (Rx)
Jennifer Kapur, PharmD
Pharmacist, Harborview Medical Center; Clinical Assistant Professor/
UW Pharmacy
- Jan 16** Choosing Wisely for Older Adults in Primary Care
Elizabeth Phelan, MD, MS
Associate Professor, UW Medicine/Division of Gerontology and Geriatric Medicine
- Jan 23** Geriatric Traumatic Brain Injury
Hilaire Thompson, PhD, ARNP
Professor, UW Nursing/Biobehavioral Nursing and Health Informatics
- Jan 30** Advances in Stroke Treatment and Prevention
Andrew Huffer, MD
Assistant Professor, UW Medicine/Department of Neurology
- Feb 6** Current Concepts in Pressure Injury Prevention and Care
Joanne (Joie) Whitney, PhD, CWCN, FAAN
Professor, UW Nursing/Biobehavioral Nursing and Health Informatics
- Feb 13** Hypertension in Older Adults
Thuan Ong, MD, MPH
Assistant Professor, UW Medicine/Division of Gerontology and Geriatric Medicine
- Feb 20** Urinary Tract Infections in Women
Jane Miller, MD
Associate Professor, UW Medicine/Department of Urology
- Feb 27** Health Issues of Older Asian Americans
Alan Chun, MD
Family Physician, International Community Health Services
- Mar 6** The Management of Atrial Fibrillation, A Focus on Anti-Coagulation (Rx)
Michael Chen, MD, PhD
Associate Professor, UW Medicine/Division of Cardiology

Rx = 1.5 contact hours in pharmacology at the advanced practice level




**NORTHWEST GERIATRICS
WORKFORCE ENHANCEMENT CENTER**

2018 Winter Geriatric Healthcare Series

January 2 – March 6, 2018
Online via
University of Washington
Interactive Virtual Classroom

W CONTINUING NURSING EDUCATION
UNIVERSITY of WASHINGTON
School of Nursing

W SCHOOL OF NURSING
UNIVERSITY of WASHINGTON
de Tornay Center for Healthy Aging



GRECC

This series will be online weekly on Tuesdays from **4:00-5:30pm Pacific Standard Time** via the University of Washington Interactive Virtual Classroom to Western Washington regional hospitals and sites in Montana, Alaska and Wyoming.

About the Series:

The University of Washington Northwest Geriatrics Workforce Enhancement Center (NW GWEC), the School of Nursing and the Seattle Veterans Health Administration Geriatric Research Education and Clinical Center (GRECC) are partnering to bring a series of continuing education programs on geriatric health to health professionals in Washington, Montana, Wyoming and Alaska.

Nationally and regionally recognized NW GWEC faculty will present each topic and facilitate discussion. The series will assist providers in developing and enhancing health promotion interventions to prevent disease and postpone further disability for the older adults they serve. This series will give community-based providers working in the field of aging the opportunity to access valuable information without having to travel a great distance.

Objectives for Learning Outcomes

After completing this course, you will be better able to:

- Describe what is known about effectiveness and risks of long-term opioid therapy for chronic pain.
- Compare and contrast federal and state laws regarding the use of marijuana.
- Manage behavioral symptoms of dementia.
- Identify risk factors for brain injury in older adults.
- Describe the evidence supporting the use of thrombectomy for large vessel occlusion in acute ischemic stroke.
- Describe and stage pressure injuries using current staging guidelines
- Define goals of antihypertensive therapy.
- Describe issues of UTIs - presentation, risk factors, management - unique to geriatric patients.
- Identify some health disparities in older Asian Americans.
- Estimate the risks and benefits of anticoagulation in older adults with atrial fibrillation.

Professional Credit (optional)

Successful completion requires sign-in and completion of evaluation form for sessions attended. The UW School of Nursing requires a \$45 processing fee for a contact hour certificate. The fee covers the entire series. Directions for registering on-line for credit will be provided by your site coordinator.

Nurses: 15 contact hours (1.5 per session; 4.5 hours Rx)

*Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

*UWCNE is approved as a clock hour provider by the Washington State Board of Education.

*Provider approved by the California Board of Registered Nursing, Provider #7128, for 15 (1.5 per session) contact hours.

Physicians: This live series activity, Geriatric Healthcare for Healthcare Providers, from January 2 - March 6, 2018, has been reviewed and is acceptable for up to 15 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-810-610

Social Workers and Counselors: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240(1)

All Other Disciplines: A UWCNE certificate for up to 15 (1.5 per session) clock hours will be awarded for documenting completion of this offering.

Target Audience

The series is designed for healthcare providers including physicians, nurses, physician assistants, advanced practice nurses, physical and occupational therapists, psychologists, social workers, pharmacists, and other interested professionals.

Location

All programs will originate from the University of Washington (Health Sciences Building, Room #T-661) and will be broadcast over the University of Washington Telehealth Network.

Planning Committee Members

Joan Riesland, MEd, BSN, RN
Lead Nurse Planner, Continuing Nursing Education
University of Washington School of Nursing

Barbara Cochrane, PhD, RN, FAAN
Professor, Family and Child Nursing
de Tornyay Endowed Professor for Healthy Aging and
Director of the de Tornyay Center for Healthy Aging
University of Washington School of Nursing

Michael Vitiello, PhD
Professor, Psychiatry and Behavioral Sciences
University of Washington School of Medicine

Websites

NW Geriatrics Workforce Enhancement Center Website:

www.nwqwec.org

Past year lectures can be viewed for free (registration required) on the Geriatric Healthcare Series page under Our Activities.

UW Continuing Nursing Education Website:

www.uwcne.org/geriatric-health

Last year's lectures are available online for contact hour credit.

Earn up to 15.0 contact hours per series (\$45 recording fee).

2017 Selected Topics Online Series: www.uwcne.org/geriatric-health/2017SEL

2017 ADRD (Dementia) Online Series: www.uwcne.org/geriatric-health/2017ADRD

The 2015 and 2016 series (Selected Topics and ADRD) are also available for credit on this website.

For more information contact Heather Wicklein Sanchez e-mail: wicklein@uw.edu, or phone at 206-616-4276.